



## EarlyON Child and Family Programs February 2019



### LOCATIONS

**Bancroft EarlyON**  
**North Hastings Children's Services**  
20 Hastings Heritage Way  
Bancroft, ON

**Algonquin Inòdewiziwin EarlyON**  
**Maynooth Public School**  
33049 Highway 62  
Maynooth, ON

### **Bancroft EarlyON**

#### Open Door

Drop in any time from 9am to 4pm to speak to any of our EarlyON team for resources and information.

#### Open Play

Come have fun using our stimulating, interactive, early-learning environment in the Resource Room at the Bancroft EarlyON site every Monday, Wednesday, Thursday and Friday from 1 to 4pm.

**For more information on any of our programs or events, please drop in, call 613-332-0179 or visit our website at [www.nhcs.ca](http://www.nhcs.ca).**

### **Algonquin Inòdewiziwin EarlyON**

#### Open Play

Come have fun using our stimulating, interactive, early-learning environment at the Algonquin Inòdewiziwin EarlyON at Maynooth Public School, Room 2, every Monday, Wednesday, Thursday and Friday from 1 to 4pm.

#### Visit Us!

Do you have Indigenous heritage and want to learn more? You and your family are welcome to join us to learn more about the Algonquin people of this area. Please contact Christine Luckasavitch, Algonquin Inòdewiziwin Coordinator, at 613-334-9987 or by e-mail at [c.luckasavitch@nhcs.ca](mailto:c.luckasavitch@nhcs.ca).

### Events

#### **Daddy 'N Me**

An interactive program for male caregivers and children. This month we will be celebrating Indigenous Culture with Metis Nation of Ontario! Daddy 'N Me will take place at Bancroft EarlyON Centre from 5:30 to 7:00pm on **February 27th, 2019**.

#### **Breast Feeding and Mother Support Group**

Open to all mothers, new moms, nursing moms, pregnant moms, or those with babies at the Bancroft EarlyON Centre from **6 to 7pm on February 27th, 2019** with Registered Nurse Meryl Hall from the Bancroft Family Health Team.

#### **The Good Baby Box**

This monthly program provides the opportunity for families of infants and toddlers to access healthy, nutritious foods early in life. Orders are due by the second Wednesday of each month, and pickup will take place the following Wednesday.

### Family Day Weekend

NHCS will be closed on Saturday, February 16 and Monday, February 18, 2019. All EarlyON programming is cancelled for these dates.

### Snow Days

During Snow Days, all scheduled Bancroft EarlyON Programs will be cancelled, and the Algonquin Inòdewiziwin EarlyON site will be closed. Licensed Childcare at NHCS will remain open.

### Did you know?

We do **FREE** Car Seat Checks!  
We offer **FREE** TripleP Parenting from our Family Support Team!



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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>*** NEW ***</b> <b>School Readiness at York River Public School</b></p> <p>Discover and investigate methods of learning to prepare for school York River Public School -check in at office- 9am to 10:30am</p> <p><b>Open Circle</b></p> <p>Begin your week with a morning smudge followed by cultural activities! Algonquin Inòdewiziwin EarlyON Centre 10am to 12pm</p>	<p><b>Bellies, Babies and Beginnings</b></p> <p>Interactive play-based learning and Pre/Post Natal support for parents and caregivers Bancroft EarlyON Centre 10am to 12pm</p> <p><b>Play to Learn</b></p> <p>Learning opportunities for children and families in a play-based environment Mayo Community Centre 61 Mayo Lake Rd 10am to 12pm</p> <p><b>Mindfulness Matters</b></p> <p>Parent Self-Care Program Bancroft EarlyON 2 to 3pm <i>Child Minding provided</i></p> <p><b>Language Classes</b></p> <p>Algonquin language class with Michele Gaudry Bancroft EarlyON Centre 6:30 to 8pm Registration recommended by emailing janderson@nhcs.ca for cancellations and schedule changes <i>Child Minding provided</i></p>	<p><b>Kitchen Connections</b></p> <p>Interactive and hands-on cooking and nutrition program designed to bring families together in the kitchen Bancroft Pentecostal Tabernacle 10am to 12pm</p> <p><b>Circle of Wellbeing</b></p> <p>Explore methods of enriching caregiver's knowledge of early learning through positive play-based exploration with both an Indigenous and an Early Childhood Educator lens Algonquin Inòdewiziwin EarlyON Centre 10am to 12pm</p>	<p><b>Come Drum with Me</b></p> <p>Encourage early literacy through a family drumming circle Hastings Highlands Library 10 to 11am</p> <p><b>Healthy Busy Bodies</b></p> <p>Learn about the benefits of a healthy lifestyle with your child through opportunities to socialize, play to learn all while enjoying a nutritious lunch. Bancroft EarlyON Centre 10am to 12pm</p>	<p><b>*** NEW ***</b> <b>Babies and Beyond</b></p> <p>Teen Parenting Program Bancroft EarlyON 9:30 to 11:30am <i>Child Minding provided</i></p> <p><b>Learn, Create and Play</b></p> <p>Learning opportunities for children and families in a play-based environment Coe Hill Public School gym 10am to 12pm</p> <p><b>Grow &amp; Explore Together (G.E.T.)</b></p> <p>Hands-on &amp; interactive program for families to explore learning through play Hermon Public School (Lunch Room) 9:30 to 10:30am</p> <p><b>Let's Craft Together</b></p> <p>Interactive art projects for you and your child focused on well-being and creativity Algonquin Inòdewiziwin EarlyON Centre 10am to 12pm</p>	<p><b>S.E.A.M</b></p> <p>Explore science, engineering, art and movement Bancroft EarlyON Centre 10am to 12pm First and Fourth Saturday of the month</p> <p><b>The Balance</b></p> <p>Family support program that will share tips and techniques to balance busy schedules and demanding routines Bancroft EarlyON Centre 1:00 to 2:30pm First Saturday of the month <i>Child Minding provided</i></p> <p><b>Making Connections</b></p> <p>Build new friendships with families through interactive play and early learning while connecting with North Hastings community partners offering resources for you and your family! 1 to 3pm Last Saturday of the month</p> <p><b>Algonquin Inòdewiziwin Cultural Circle</b></p> <p>Interactive traditional &amp; cultural programming including crafts, teachings, storytelling and nature-based exploration. All families are welcome! Bancroft EarlyON Centre 10am to 12pm, 1 to 3pm Third Saturday of every month <i>(Moved to February 9th this month due to Family Day Weekend being closed)</i></p>
<div style="border: 2px solid black; padding: 10px; margin: 10px auto; width: 80%;"> <p>Join us in Maynooth on <b>Saturday, February 9th</b> from 11am to 3pm at the <b>South-ern Ontario Ice Festival</b>.</p> <p>We will be outside the <b>Municipal Office in the Courtyard</b> with lots of fun winter activities!</p> <p>Join us at the <b>Riverstone Residence on Friday, February 1st</b> from 10am to 11am for a <b>Tea Party</b> with songs and rhymes!</p> </div>					